

**MAIMONIDES MEDICAL CENTER
DEPARTMENT OF PSYCHIATRY
&
KIBOKO PROJECTS
PRESENTS:
“ALTERNATING FACES”**

DECEMBER - MARCH 2004



KIBOKO PROJECTS

Kiboko Projects, founded in 1999, is a not-for-profit organization which provides opportunities for artistic and creative expression to individuals, some of whom have had limited access to this experience, in a multimedia setting. Since 1999, the organization has sponsored workshops, exhibitions, and cultural exchange programs on three continents. Participants come from diverse backgrounds and many are creating art for the first time in their lives. First-time Kiboko Projects artists have included children, youth, adults, and entire families who frequently come from segments of society rarely exposed to art workshops of this type. Participants have included immigrants, ex-offenders, physically- and mentally-challenged people, and people with HIV/AIDS, as well as students and artists. Workshops have been conducted in Kenya, South Africa, Russia, and in the US.

In November 2003, Kiboko Projects began a collaboration with the Therapeutic Activities Department of Maimonides Medical Center's Department of Psychiatry in Brooklyn, New York. This 12-session visual arts and dance/movement therapy workshop, entitled "Alternating Faces", was attended by 11 members of the Continuing Day Treatment Services. The result of the workshops was the production of a mask and photodiary by each participant, in addition to the development and performance by the group of a dance choreographed to involve the masks. By "embodying" the characters created by the masks, the group members were able share their unique personalities through both a visual and physical expression. The masks and photo-diaries will travel to St. Petersburg, Russia in May 2004, where it will be seen by and responded to by similar groups. Future plans include bringing the work to Kenya and Bolivia.

There is a need, especially in these tumultuous times, for understanding and tolerance between members of diverse cultures. The first step in achieving this goal is a dialogue between people in different areas of the world in which they can share with each other a firsthand, unfiltered, look at their lives and their stories.

Nancy Koprak, MA,ADTR
Senior Dance/Movement Therapist Maimonides Medical Center

Mark Scheflen, Artistic Director
Kiboko Projects

Jill Raufman, Executive Director
Kiboko Projects

ABOUT THE THERAPEUTIC ACTIVITIES DEPARTMENT

The Therapeutic Activities Department provides a program of treatment facilitating self expression, socialization, self care, interpersonal skills, and increased self esteem. Utilizing the creative arts and recreational therapies, the staff is an integral part of the multi-disciplinary treatment team. Working on both inpatient units, activities are provided on a daily basis, including evenings and weekends. A wide variety of groups are offered to patients in the CDTS Day Program, Latino Program and C&D.

Department of Therapeutic Activities:
Sara Gold, MA, CTRS, Discipline Chief
Tricia Capello, MA, ADTR, NCC, Dance Therapist
Nancy Koprak, MA, ADTR, Dance Therapist
Ruben LaSalle, Assistant Activity Therapist
Frankie MacDougall, Assistant Activity Therapist
Kevin Maxwell, MA, ATR, Art Therapist
Geoffrey Thompson, MFA, Art Therapist

ABOUT CONTINUING DAY TREATMENT SERVICES

Continuing Day Treatment Services (CDTS) is a voluntary program providing for the treatment needs of patients diagnosed with acute or chronic mental illness. During the acute phase of illness, the focus is on stabilization; for those with chronic conditions, it is the provision of continuing treatment. Our goal is maximization of the ability to function in the community. Treatments are individualized and implemented within a safe, secure and structured social environment. Realistic, measurable and attainable outcomes are an integral component of this approach. Day treatment provides extensive sustained therapeutic interventions approaching a daily frequency, preferably at least three weekdays. Patient schedules are, however, individualized on the basis of clinical judgement with compliance closely monitored. While case management, medication and other traditional forms of treatment are utilized, various forms of group psychotherapy are central to our clinical approach. There are programs for English, Spanish and Russian speaking patients and for mild and moderate dementia patients, as well as one for socialization on weekends.

FEATURED ARTISTS:

MICHAEL CORRIGAN

**LEONARD DEANGELIS
FRANK FERRONE**

HILDE FREEDOM

MARILYN HEATH

ROXANNE JONES

CHRISTINE LLAMAS

EILEEN MULVANERTY

JOHN VOLPE

TOM WERNER

TAMI ZUCKER

Special thanks and appreciation are extended to the artists who were willing to share their talents. We gratefully acknowledge the following for their contributions to this project:

Marvin Lipkowitz, MD
Chairman
Department of Psychiatry

Harold Treiber, MSW
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Department of Psychiatry

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Supervisor
Clerical Support Services

Marcel Biberfeld, DSW
Vice President
Psychiatry/Community Services

Max Heinrich, PhD
Director
Continuing Day Treatment Services

Cover Photo:
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